

The venue is at the main lecture hall (Audimax) on the campus of the Faculty of Medicine of the University of Duisburg-Essen in the city of Essen.

For detailed location plan please visit:

<http://www.uniklinikum-essen.de/so.html>

Essen is situated in the heart of the Ruhr area, one of the three largest conurbations in Europe. 5.3 million people from 140 nations live in what is one of the richest cultural landscapes in Europe.

Essen is the 6th largest city of Germany with a documented history of 1150 years. During the middle of the 19th century, the city developed into the largest site for coal and steel in Europe. Now it is a modern metropolis for trade and services. In the south you'll find the wooded hills of the Ruhr, in the north industrial monuments of historical importance. The Zollverein colliery and coking plant has been listed by UNESCO as a world cultural heritage site. Lake Baldeney, created in 1931 as a water reservoir and to purify the Ruhr water, is a popular recreation area in the south of the town. (find more information at: www.essen.de)



Lake Baldeney

The following hotels are close to the venue of the meeting. Please mention the code: Hebebrand (before Dezember, 31th)

Hotel an der Gruga

single room 90€ / double room: 110 €
phone: +49 201 841180 / fax: +49 201 8411869
e-mail: info@grugahotel.de

Hotel Margarethenhöhe

single room 135 € / double room: 165 €
phone: +49 201 43860 / fax: +49 201 4386100
e-mail: empfang@margarethenhoehe.com

Hotel im Giradet Haus

single room 76 € / double room: 100 €
phone: +49 201 878800 / fax: +49 201 8788088
e-mail: info@hotel-giradet.de

Parkhotel Behr

single room 65/75 € / double room: 95/110 €
phone: +49 201 779095 / fax +49 2 01 789816
e-mail: Behrs-Parkhotel@gmx.net

Best Western Hotel Ypsilon

single room 70 €
phone: +49 201 89690 / fax: +49 201 8969100
e-mail: willkommen@ypsilon-hotel.de

Hotel Arosa

single room 64 €
phone: +49 201 7226-0 / fax: +49 201 7226100
e-mail: arosa-hotel@t-online.de

Registration / Contact

We kindly ask you to register in advance. The number of participants is limited to 350; registrations on a first come – first serve basis.

Registration fee (before January 10th, 2006): 50€

Please register and contact us via:

prevention@uni-due.de

For detailed information see:

www.adipositasforschung.de/prevention



Empirically based Prevention Strategies – Implications for Obesity



Scope

The ongoing obesity epidemic warrants effective prevention strategies, particularly because the treatment of obese individuals usually entails renewed weight gain over time. It is hoped that the implementation of effective prevention strategies will help to curtail future increments and potentially even bring rates of obesity down again. The meeting will serve as a discussion forum for research to be pursued for the prevention of obesity. To explore if and to what extent prevention of obesity can profit from cross-fertilisation, internationally renowned experts for the prevention of diverse disorders and conditions (nicotine and alcohol abuse and dependence, cancer, dental diseases, cardiovascular disorders) will review the empirical findings related to their field. The aim of the conference is to identify successful strategies and to examine their relevance for future obesity prevention strategies.

The conference will also address the future implications of genetic research for prevention. Elucidation of the genetic basis of complex disorders is progressing rapidly; many alleles have already been identified that predispose to the development of different disorders including obesity. Because the phenotypical effect of most alleles is small, it is a matter of debate as to what extent the knowledge of these mechanisms will entail improved treatment and prevention strategies.

Scientific Committee

Johannes Hebebrand

Department of Child and Adolescent Psychiatry
University of Duisburg-Essen
Essen/Germany

Pekka Puska

National Public Health Institute
Helsinki/Finland

Thorkild Sørensen,

Institute for Preventive Medicine,
Copenhagen/Denmark

This Meeting is funded by the German Federal
Ministry of Education and Research within the
National Genome Research Network 2 (NGFN-2).

Lectures

Jochen Antel (*Germany*)

Why bother about prevention? The future of
antiobesity drugs

Tim Byers (*USA*)

Obesity and cancer: Implications for both research
and policy of the heart disease factor

Peter Dabrock (*Germany*)

Social and personal responsibility for prevention of
obesity. Limits and challenges in ethical perspective

George Davey-Smith (*UK*)

Can genetic epidemiology help us identify
environmental causes of common diseases?

Raimund Erbel, Karl-Heinz Jöckel, Susanne Moebus (*Germany*)

Prevention of cardiovascular diseases:
Multidisciplinary experiences from 40 years and
future perspectives

Karen Glanz (*USA*)

Lessons from skin cancer prevention apply to obesity
control - and vice versa

Johannes Hebebrand (*Germany*)

The genetics of obesity. Fate or lack of will-power?

Matti Jantunen (*Finland*)

Prevention of air pollution exposure - Subsidiarity in
practice, from EU to individual level

Miia Kivipelto (*Finland*)

Dementia and Alzheimer's disease – Prevention
strategies

Paula Lantz (*USA*)

Lessons from the trials and tribulations of tobacco
policy for obesity control

Michael Lingenfelder, Clemens Jüttner, Marc Sosna (*Germany/Spain*)

Starting points for a sound economic obesity
prevention

Lectures

Paula Moynihan (*UK*)

Prevention strategies for dental diseases: Potential
application to obesity

Manfred Müller (*Germany*)

Long-term efficacy of school-based health promotion
as part of the Kiel Obesity Prevention Study -
Evidence in favour of a selective approach

Pekka Puska (*Finland*)

Chronic disease prevention: From global to
community based actions

Jürgen Rehm (*Germany*)

Changing the environment is more effective than
changing the person! Review of the evidence basis
for preventing alcohol-related harm

Winfried Rief (*Germany*)

Psychological strategies to improve prevention
programs

Jaap Seidell (*Netherlands*)

Epidemiology of obesity: New insights of
determinants, new clues for prevention

Johannes Siegrist (*Germany*)

Social inequalities in health: Implications for adiposity
prevention

Thorkild Sørensen (*Denmark*)

Environmental determinants of the development of
the obesity epidemic

Boyd Swinburn (*Australia*)

The societal approach to obesity prevention
strategies

Matti Uusitupa (*Finland*)

Prevention of type 2 diabetes by lifestyle changes:
experiences from the Finnish Diabetes Prevention
Study